



**Health and Development  
Society Nepal**

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# HDSN Updates

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## Upcoming activities

- Basic oral health education training to health workers-Rasuwa (distribution of local dental chair and extraction instruments to the health posts)
- Oral health program-4 places
- Orientation program



**Pre-fabricated permanent health shelter**



**Oral health Orientation program**

## Start from School Project

Group of 10 volunteers in Sisineri, conducted the following programs in two government schools of Sisneri. HDSN would like to thank all the volunteers who have supported for the success of program.



- Teachers training
- Training for the health workers
- Hand washing
- General health camp, identifying the major diseases in the school children
- De-worming tablets distribution
- Referral of the cases to the Hospital and clinic
- Oral health screening and treatment
- Measuring height/ weight
- Planning for conducting school tooth brushing and hand washing program all the year round.
- Supply of the IEC materials in the school
- Supply hygiene materials in the school
- Collecting data about the vaccination, and other medications.
- Acupuncture for stress relief
- Youth motivation program by Quake volunteers



## Oral Health Orientation Program at HDSN

FirstAid training was organized by Milijuli Samaj Nepal with the technical support from Health and Development Society Nepal. Basic First Aid training was provided to the Mahila Samuha who are basically involved for welfare of the community.



## Aims and Objectives

- The overall aim of the project is to provide trained manpower who will be serving community with a view to work together, for bringing about a change in the quality of life of these communities.
- Motivating people so that they can help the people in need.
- Producing the trained manpower that can help in the emergency conditions.





## BABU project-

Follow-up of the BABU project at Bhardeu continues.

Tooth brush and pastes were provided for three months. Similarly, hand washing antiseptic soaps has been provided for three month.



The nutrition and regular follow-up will be done by our paid FHCV members in both the schools. During the Program, HDSN team has provided all necessary orientation to the teachers, students and health volunteers as well who will be conducting follow-up every week. Tooth brushing and hand washing programs were conducted in the school premises.



## Oral health program at Dukuchhap

School Oral health program was conducted by HDSN team at Shree Ganesh secondary school at Dukuchhap, Lalitpur.

Screening and treatment of all the students and teachers were done in the school premises along with oral health educations. Treatments were done in the form of restorations, extractions and fluoride applications.



## Integrated camp at Janaprabhat Secondary school

Oral health program at Janapabhat Madhyamic Bidhyalaya was conducted with oral health education program. Screening and treatment of all the students and teachers were done in the school

premises. Treatments were done in the form of restorations, extractions and fluoride applications.



### Oral screening of children at Shemrock

Screening was done in Shemrock School by the HDSN team. Most of the cases were referred to the paediatrician because of the small age groups. The cases found were Nursing bottle caries, tongue tie in two patients which have been treated later in the hospital.



### Solar lights distribution

Solar lights were distributed mostly to the geriatric people who don't have support from their offspring.

We Help Nepal has provided support of 40 solar lights to be distributed to the needy and affected people in different parts of Nepal.



According to the basis of need HDSN has distributed solar lights in Sindhuli, Makawanpur, Sindhupalchowk, Rasuwa and Lalitpur.

The design of the solar light is effective and most of the people liked because of its efficiency and design.





## Prefabricated Health shelter

With the support from We Help Nepal, HDSN has coordinated for the building of the prefabricated health Shelter. With the coordination of District Health Office Rasuwa, HDSN has built permanent pre-fabricated health shelter in District hospital of Rasuwa.



## Tratransitional Semi permanent shelter

HDSN has built transitional semi permanent tunnel shelter in Simthali, Kavre upon the request of health post and community so that the health facilities can be transferred to the shelter from the damaged tent till the permanent health post will be built.



The two health shelters were supported by ANMF.



## Oral health program at Oracle Academy

HDSN team conducted oral health program at Oracle academy, Naikap. Screening and treatment of students and teachers were done in the school premises.



Volunteers from PDCH have participated in the volunteering oral health camp. Treatment of students and teachers were done in the form of restorations and extractions with oral health education and counselling.

